FOI 2705

Date 28/11/2023

Dear Requester,

Thank you for your Freedom of Information request. Please note, this is a cross-site response for Bedford site and Luton site.

You asked:

I would like to make a Freedom of Information Request for the below information.

1. Do you have a Staff Health and Wellbeing Lead in your organisation?

Yes

1. Do you have a Staff Wellbeing Team and what is the structure?

No, this sits within the OD and HR function alongside Occupational Health.

1. Where does staff health and wellbeing sit within your organisation?

Sits within HR and OD.

1. Do you have a Mental Health First Aid programme?

Yes

1. How many Mental Health First Aiders do you have?

We have 60 in our Trust, they are referred to as peer listeners.

1. How many Health and Wellbeing Champions do you have?

We have a network of staff of approx. 25 who meet on a regular basis, known as the staff wellbeing involvement group.

1. Has staff health and wellbeing had financial investment since 2021?

Yes

1. Does your organisation offer staff training? If so, what training do you offer?

* Mental Health First Aid
* Mental Health Awareness
* Resilience Power Skills
* Recognising and Recognising to Compassion Fatigue
* Talking Matters
* Time to Listen
* Menopause at Work – e-learning
* Mental Health in the workplace: Managing Stress e-learning
* Mental Health in the Workplace: Stress Less - E-Learning on ESR
* Building Resilience - E-Learning on ESR

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If you are not satisfied with the Trust review under the Freedom of Information Act 2000 you may apply directly to the Information Commissioners Officer (ICO) for a review of your appeal decision. The ICO can be contacted at: ICO, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF www.ico.org.uk

Yours sincerely,

*FOI Officer*

Bedfordshire Hospitals NHS Foundation Trust