

12/04/2021

Dear Requester,

Thank you for your Freedom of Information request.

In accordance with S.1 (1) (a) of the Freedom of Information Act 2000 (FOIA), I can confirm that we do hold the information relevant to your request. 249

You asked:

1. How many designated cycle parking spaces are available on Trust property? *(Please provide the answer as the total number of cycles that could be accommodated in designated spaces)* **201**
2. How many showers are available exclusively for staff use? **12**
3. How many changing rooms are available exclusively for staff use? **1 per ward**
4. Which of the following are available to staff within the Trust: *(A yes/no response is sufficient)*
 - Mindfulness and wellbeing sessions
 - Talking therapy
 - Exercise classes/on site gym
 - Staff physiotherapy service
 - Complementary therapies *(massage, reflexology etc)*

Response : Q 4

There is a staff physiotherapy service.

We also have our employee assistance programme, CIC which provides practical advice or emotional support.

Prior to the pandemic there were:

Wednesday Walkers – Wednesday Walker routes are available on this link, put LU4 0DZ in and the routes will pop up.

Keep fit with Brenda – Brenda's classes are on a Tuesday, costing only £2 per class.

However these ceased in March.2020

5. How many working days were lost due to staff sickness for mental health/stress during the 2019-20 year?
Total days lost during 2019-20 due to S10 Anxiety/stress/depression/other psychiatric illnesses were 18845.

6. How many people were employed by the Trust on permanent and fixed term contracts at the end of the 2nd quarter, 2019-20?

Row Labels	Count of Employee Number
Fixed Term Temp	809
Permanent	6981
Grand Total	7790

If you are not satisfied with the Trust review under the Freedom of Information Act 2000 you may apply directly to the Information Commissioners Officer (ICO) for a review of your appeal decision. The ICO can be contacted at: ICO, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF www.ico.org.uk

Yours sincerely,

IG/FOI Coordinator

This information is provided for your personal use and is the property of Bedfordshire Hospitals NHS Trust and subject to any existing Intellectual Property and Database Rights. Any commercial application or use of this information may be subject to the provisions of the Re-use of Public Sector Information Regulations 2015 (RPSI). This means that if you wish to re-use the information provided for commercial purposes for any reason you must ask the Trust for permission to do so.

Please note that the Trust has a formal internal review and complaints process which is managed by the Information Governance Manager/Data Protection Officer. Should you have any concerns with our response, you can make a formal request for an internal review. Requests *for internal review* should be submitted within three months of the date of receipt of the response to your original letter, and should be addressed to: dataprotectionofficer@ldh.nhs.uk