



All-Party Parliamentary Group for
Axial Spondyloarthritis

**Freedom of Information Request
Hydrotherapy Provision in England**

1. On behalf of which Trust are you responding?

Bedford Hospital

2. Does your trust have an on-site hydrotherapy pool?

No it has been de-commissioned following a public and staff consultation

3. Does your trust have access to an offsite hydrotherapy pool?

Yes

4. Was the hydrotherapy pool open prior to the COVID-19 pandemic?

Yes

5. Will the hydrotherapy pool be re-opening?

- Yes, it is already open
- Yes, there are plans to reopen
- No
- Not sure / don't know

6. When is the pool scheduled to re-open?

The hydrotherapy pool is situated in a Residential Care Home. They have advised that there would need to be a significant easing of restrictions and a different status related to Covid, before they could accommodate NHS visitors again.

7. Why is that? *(Please select all that apply)*

- Changing area capacity
- Staffing to clean
- Access to pool
- Staff still redeployed
- Other

8. Is / will your service capacity be reduced as a result of COVID-19?

Yes

9. What capacity will you be able to offer? Please enter a percentage (%).

30%- due to the size of the pool and social distancing requirements

10. Why is that? *(Please select all that apply)*

- Cost of running
- Changing area capacity
- Staffing to clean
- Access to pool
- Staff still redeployed
- Other

11. What are the reasons that you don't have access to a hydrotherapy pool? *(Please select all that apply)*

- Lack of appropriate local patient population
- Lack of funds
- Insufficient space
- No local pool available
- Not enough adequately trained staff
- Other (please specify)

N/A

12. Approximately how many people with any condition used the pool on a weekly basis?

12

13. Which condition areas use the hydrotherapy pool?

- Rheumatology / MSK
- Neurology
- Physical disability
- Children
- Other (please specify)

14. What percentage of users were/are people with axial spondyloarthritis (axial SpA) including ankylosing spondylitis (AS)? We understand you may not record this level of detail so please do give your best estimate.

10

15. Do you currently audit the use and effectiveness of hydrotherapy?

- Yes
- No
- Not sure / don't know

16. Please list outcome measures or tools used to audit the use and effectiveness of hydrotherapy.

MSK health questionnaire
ED5D, Bournemouth Neck/Back/MSK

17. If you are happy to be contacted by NASS on behalf of the APPG to discuss your responses please let us know your name, position and email address or email jill@nass.co.uk.