

Appointment for glucose tolerance test

Date:

Time:

Preparation for glucose tolerance test

1. Do not eat or drink anything after 10pm the night before the test.
2. Please refrain from smoking from 10pm the night before the test and until after the test is completed.
3. Do not drink anything other than a small amount of water on the morning of the test. You may take your medication.
4. We will not be able to carry out this test if you are on or have been taking antibiotics two weeks prior to this test.
5. Please attend outpatients department at 8am on the morning of the test with your blood request paperwork.
North Wing – Please sit in the blood test waiting area & a member of staff will call you in by name.
South Wing – Please see the receptionist in the blood test dept in main outpatients.
6. You will be required to remain in the department for approximately 2 ½ hours.
7. If you are unable to attend for your appointment please telephone to cancel and we can rebook it.

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