

05/01/2022

Dear Requester,

**FOI 1089**

Thank you for your Freedom of Information request which was received within the Trust. Please note, this is a cross-site response for Bedford Hospital and Luton & Dunstable University Hospital sites.

You asked for:

Any information regarding this Trust's guidance for medical health professionals on the treatment of Shigellosis (also known as bacillary dysentery) with antibiotics. Shigellosis is a sexually transmissible gastrointestinal infection, caused by the following bacteria: *Shigella sonnei*, *Shigella flexneri*, *Shigella dysenteriae* and *Shigella boydii*.

Any current (and if reasonably possible - past, from 2004 onwards) documentation of treatment guidelines used by medical health professionals at this Trust for treating shigellosis (bacillary dysentery) - would be useful, especially if it included the following details:

- Types of antibiotics recommended to be used (ceftriaxone, for example) in the treatment of shigellosis (bacillary dysentery).
- Dosage of antibiotics recommended to be used in the treatment of shigellosis (bacillary dysentery).

**Response**

We do not hold this data - In the absence of specific Trust guidance clinicians are referred to the BNF for treatment recommendations, and asked to discuss any concerns with microbiology.

## Response from Luton and Dunstable Hospital

<p><b>GASTROENTERITIS</b></p> <p>Most infections are self-limiting and require only rehydration.</p> <p>An antibiotic may be needed if the patient is systemically unwell and in an at risk group (immunocompromised, extremes of age, haematological or cardiovascular abnormalities).</p>	<p><b>Antibiotic usually not required.</b></p> <p><b><i>Campylobacter spp:</i></b>  <b><u>Ciprofloxacin</u> oral 500mg 12</b>  hourly  <b>OR</b></p> <p><b><u>Erythromycin</u> oral 500mg 6</b>  hourly</p> <p><b><i>E.coli 0157</i></b>  <b>Antibiotics contraindicated</b></p> <p><b><i>Salmonella or Shigella spp:</i></b>  <b><u>Ciprofloxacin</u> oral 500mg 12</b>  hourly  <b>OR</b>  <b><u>Trimethoprim-</u></b>  <b><u>sulphamethoxazole (co-</u></b>  <b><u>trimoxazole) oral 960mg 12</u></b>  hourly</p>	<p><u>GI1</u>, A  <u>GI5</u>, B  <u>GI17</u>, A</p>
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If you are not satisfied with the Trust review under the Freedom of Information Act 2000 you may apply directly to the Information Commissioners Officer (ICO) for a review of your appeal decision. The ICO can be contacted at: ICO, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF [www.ico.org.uk](http://www.ico.org.uk)

Yours sincerely,

*FOI Officer*

Bedfordshire Hospitals NHS Foundation Trust