

# Where do patients from the east of England receive IVF Treatment

The NHS and private fertility centres listed below provide IVF treatment for people living in the east of England. You can choose from any one of these centres and your NHS gynaecology consultant will be able then to refer you.

Location	Provider	Funding	Outreach Clinics
Cambridge	Bourn Hall Clinic	NHS	Colchester Great Yarmouth Kings Lynn
Leicester	The Leicester Fertility Clinic	NHS	No outreach centre
Oxford	Oxford Fertility Unit	NHS	Herts & Essex Fertility Centre, Cheshunt The Rosie Hospital, Cambridge
London	The Barts and the London Centre for Reproductive Medicine	NHS	No outreach centre
London	IVF Hammersmith	NHS	No outreach centre

## IVF is available in the following Primary Care Trust (PCT) areas

- Norfolk
- Great Yarmouth & Waveney
- Suffolk
- Peterborough
- Cambridge
- Bedfordshire
- Luton
- Hertfordshire
- West Essex
- Mid Essex
- South East Essex
- South West Essex
- North East Essex

(Please see back page for details and websites of all our providers)

## Approved IVF clinics for patients in the east of England

**Bourn Hall Clinic**  
Bourn Hall Clinic, Bourn, Cambridge, CB23 2TN  
Tel: 01954 719111  
www.bourn-hall-clinic.co.uk

**The Leicester Fertility Centre**  
Assisted Conception Unit, Kensington Building, Leicester Royal Infirmary, Infirmary Square, Leicester, LE1 5WW  
Tel: 0116 2585922  
enquiries@leicesterfertilitycentre.org.uk  
www.leicesterfertilitycentre.org.uk

**Oxford Fertility Unit**  
Institute of Reproductive Sciences, Oxford Business Park North Oxford, Oxfordshire, OX4 2HW  
Tel: 01865 782 800  
info@oxfordfertilityunit.com  
www.oxfordfertilityunit.com

**The Barts and the London Centre for Reproductive Medicine**  
2nd floor, Kenton and Lucas Wing, St Bartholomew's Hospital, West Smithfield, London, EC1A 7BE  
Tel: 020 7601 7176 or 020 7601 8515  
fertilityadmin@bartsandthelondon.nhs.uk  
www.bartsandthelondon.nhs.uk/fertility

**IVF Hammersmith**  
Hammersmith Hospital, Du Cane Rd, London W12 0HS  
Tel: 0208 383 4900  
www.ivfhammersmith.com

## Information & support

The following organisations can also assist you with information and advice on infertility and IVF treatment

**The East of England Specialised Commissioning Group (SCG)**  
Commissions services, including IVF, on behalf of all 13 East of England Primary Care Trusts (PCTs).  
East of England Specialised Commissioning, Endeavour House, Coppers End Road, Stansted, Essex, CM24 1SJ  
Tel: 01279 666969  
ivf@eoescg.nhs.uk  
www.eoescg.nhs.uk

**Human Fertilisation & Embryology Authority (HFEA)**  
Includes a search facility for clinics and success rates for fertility treatments.  
21 Bloomsbury Street, London, WC1B 3HF  
Tel: 020 7291 8200  
admin@hfea.gov.uk  
www.hfea.gov.uk

**Infertility Network UK**  
This charity provides support and information for people who are suffering from infertility.  
Charter House, 43 St Leonards Road, Bexhill on Sea, East Sussex, TN40 1JA  
Tel: 0800 008 7464  
admin@infertilitynetworkuk.com  
www.infertilitynetworkuk.com

**National Institute for Health and Clinical Excellence (NICE)**  
This independent organisation is responsible for providing national guidance on the promotion of good health and the prevention and treatment of ill health.  
National Institute for Health and Clinical Excellence, MidCity Place, 71 High Holborn, London, WC1V 6NA  
Tel: 0845 003 7780  
nice@nice.org.uk  
www.nice.org.uk

**Royal College of Obstetricians & Gynaecologists**  
This organisation is the professional body for specialists in obstetrics and gynaecology, students and patients.  
27 Sussex Place, Regent's Park, London, NW1 4RG  
Tel: 0207 772 6200  
www.rcog.org.uk

To order additional copies of this leaflet, or to request it in another language or format, please contact the East of England Specialised Commissioning Group – Communications Team on **01279 666969**.

# IVF Treatment in the East of England

## Your questions answered





This leaflet explains what IVF treatment is, who qualifies for it in the east of England and where to find further information.

**In Vitro Fertilisation (IVF) is one of a range of treatments for infertility. It is usually offered to patients only after other standard treatments have been considered.**

## What is IVF?

IVF is where a woman's eggs are collected and fertilised with her partner's sperm (or donated sperm) in a laboratory.

A fertilised egg (embryo) is then put into her womb and if it implants, then she becomes pregnant. IVF treatment is suitable for couples with various causes of infertility including blocked fallopian tubes or where other treatments such as fertility drugs have been unsuccessful.

## Do my partner and I qualify for IVF treatment?



IVF treatment is provided on the NHS when couples have a medical reason for being unable to conceive a child.

Your doctor will be able to answer any questions you have about infertility and refer you to your local gynaecology clinic for investigations. If appropriate your NHS consultant will make the necessary referral to one of our 5 chosen IVF centres. **See over page for details.**

Couples living in the east of England need to have been registered with a GP in the region for a minimum of 12 months before being able to access IVF treatment. Below are some of the key criteria that couples would need to meet. A full list can be found on our website [www.eoescg.nhs.uk](http://www.eoescg.nhs.uk)

Criteria	
Age	Between 23 and 39 (female)
Body Mass Index (BMI)	Between 19 and 30 (female)
Previous sterilisation	Couples are not eligible if either partner has had previous sterilisation, even if it has been reversed
Previous IVF treatment	Will not preclude patients, but will be taken into account. In line with current clinical evidence couples should not undergo more than 5 fresh IVF cycles in total
Parental status	Couples should not have any children from their current relationship. This would include adopted children
Child welfare	Couples should conform to the statutory 'Welfare of the Child' requirements

These criteria aim to ensure the best possible IVF success rate for infertile couples in the east of England within the region's fertility treatment budget.

## How often is IVF treatment successful?

IVF treatment is successful in around a fifth of cases nationally. Success rates vary depending on the couple involved.

When couples living in the east of England receive IVF treatment, only one embryo at a time is implanted in a woman's womb. This process is known as 'single embryo transfer'. To increase the chance of success women who qualify for IVF treatment can freeze and store any extra embryos they produce during their treatment cycle. This means that if their first embryo does not implant they may have additional 'tries' to conceive.

## Are there any risks associated with IVF treatment?

Having a multiple birth (twins, triplets or more) is the greatest health risk associated with IVF. In the east of England the 'single embryo transfer' policy aims to reduce the likelihood of multiple births occurring through IVF treatment.

Your doctor will be able to discuss with you the health implications of seeking IVF treatment.



## What IVF treatment is available in the east of England?

As from May 1, 2009, eligible couples living in the east of England have access to up to three fresh cycles of IVF treatment on the NHS, regardless of where they live in the region.

See PCT locations over page.