



Bedfordshire Hospitals NHS Charity

Fundraising Guide



Full of fundraising ideas, top tips and details of how to pay your money in once you're all done fundraising!

The Bedfordshire Hospitals NHS Charitable Fund is a registered charity in England and Wales number: 1058704

<https://www.bedfordshirehospitals.nhs.uk/charity/>

01582 718289

Fundraising@ldh.nhs.uk

Welcome!

Thank you for supporting the
Bedfordshire Hospitals NHS Charitable Fund.

This fundraising guide has everything you need to get started and we are here to help if you have any questions along the way.

We look forward to hearing about your activities.

Good luck and thank you!

The Fundraising Team at Bedfordshire Hospitals NHS Trust

How your donation will make a difference...

Donations to the BHN Trust help fund enhancements to make our patients stay more comfortable and less distressing. Money raised buys extra equipment and comfort items so our patients and their families are treated in the best possible environment. Below are some examples of the type of things your donation could buy...

£20 – buys CDs, DVDs, books or games for children to use while they are in hospital or help to distract them during treatment in A&E

£50 – buys puzzles books, games, jigsaws and old films to help keep our dementia patients as engaged as possible during their stay in hospital

£100 – will pay for 3 families to stay in our parents accommodation for a week so that they are near their sick new-born baby or child ~ helping to keep the family together when they need it most

£300 – buys portable sensory equipment to take to those children who are too sick to leave their beds. Those with heightened sensory needs use the equipment to help stimulate, calm and distract them

£1,500 – buys a Coagucheck machine which allows patients to test their own blood viscosity rate, so they don't have to come into hospital every day for the test

£4,500 – buys a Vapotherm to help premature and sick babies breathe more easily, without covering up their tiny faces with tubes and wires

£6,000 – buys a hand held Echocardiogram machine which is used to get an image of the heart and other organs, offering a quick and early diagnosis when a patient arrives in A&E

Fundraising Ideas!

A

Auction, Arm Wrestling, Aerobic Marathon, Afternoon Tea event



B

Baked bean bath, Bring & Buy Sale, Bowling, Bingo Night, BBQ Party.

C



Cake Sale, Craft fayre, Car Wash, Concert, Cookout, Coffee Morning, Cheese & Wine Night

D

Dress Down Day, Darts Match, Disco, Distance Driving



E

Egg & Spoon race, Easter egg hunt, Eighties Night, Ebay Sale

F

Fancy Dress, Fair, Family Fun Day, Face Painting, Football



G

Go green day, Golf day, Garden Party

H

Head Shave, Hockey Tournament, Hoola hoop, Hiking Challenge

I

International day, It's a Knockout, Ice Skating, Irish Dancing.



J

Jumble Sale, Juggling, Jewellery Sale, Job Swap.

K

Karaoke, Kite Flying, Keep Fit Evening.



L

Leg Wax, Line Dancing, Limbo competition, Lemonade Stand

M

Match Giving, Magic Ball, Mountain Bike Ride, Memory Walk



N

Nature Trail, Night time walk, Name the bear, Netball, New years eve party.

O

Odd sock day, Obstacle course, Olympic sports day



P

Pink Day, Picnic, Pool Competition, Pajama Party



Q

Quiz Night, Quiet Day (sponsored silence)



R

Running, Raffles, Race Night, Roller Skating, Rugby.

S

Salsa night, skipping, swimathon, sweepstakes, Summer Ball



T

Treasure Hunt, Theme Events, Three-legged Races, Tin collections, Tombola

U

Uniform Free Days, University Challenge, unwanted gift sale.

V

Variety Concert, Valentines Day event.



W

Wheelbarrow Racing, Wine Tasting, Window Cleaning, walking.



X

X-factor talent show, Xmas Party



Y

Yo-yo Competition, Yoga, Yodelling

Z

Zip Wire, Zumbathon

Supporting different wards and departments!

Legacy Donations...

Did you know that both the L&D and Bedford Hospital were started by legacies?

L&D was left a legacy by a local grocer who left a generous gift in their will to build the hospital. Bedford started off as an infirmary built by bequest of Samuel Whitbred the brewer. Legacies continue to have an impact on patients and their families to this day.

At the L&D We once received a generous donation of £60,000 which bought an incubator and ventilator for the Neonatal Intensive care Unit. Our Coronary Care unit was totally redeveloped thanks to a generous legacy gift.

A legacy totalling in £237,000 was left to Bedford Hospital Primrose unit and was used to purchase an Ultrasonic Bronchoscope and to improve the TV and internet services for the patients spending their time on the unit!



Steve Harris and the Dunstable Downs Golf Club celebrated their Captains Day by doing a socially distanced golfing event, whilst raising an amazing £2570 for our General Fund.



You can choose which ward or department you want your donation to benefit...we have over 50 different funds you can support! If there is a certain ward or department that is close to your heart, let us know, and we'll make sure that all the money you give will go to that fund.

NICU, Cardiac Centre, Stroke Unit, A&E, Cancer Unit, the Children's Ward, Care of the elderly and ITU to name a few!

Celebrate and Donate!

Over the years, we've had lots of fantastic donations from supporters celebrating special occasions!

Whether it is a Birthday, Anniversary or Wedding, asking friends and family for a donation instead of gifts is an amazing way to mark the special occasion, whilst supporting your local hospital at the same time!

Allan Dickinson is the organiser behind Mums Big Birthday bash which raises money for our COPD (Chronic Obstructive Pulmonary Disease) and respiratory patients. Since the passing of Allans' Mum Alana these annual bashes have raised a staggering £12,673.88.

Abi Payne organised a fantastic danceathon for the maternity services (bereavement Suite) raising £3180.



Staff from Barclays organised the raffle at our *Dazzling Dinner*. They were able to match fund the money they raised and donated an extra £1,500 to the NICU Appeal!

Raising Money!

Sponsorship forms

To save you creating your own form, you can use the sponsorship form on the next page. If you need more pages you can photocopy it or print more.

If you need us to post you a form please contact the Fundraising Team on **01582 718 289** or email **fundraising@ldh.nhs.uk**

Please encourage people to Gift Aid their donation, (if they are eligible), by making sure sponsors fill in their full name and address (including postcode) so we can claim the **extra 25p** for every £1 donated.

Just giving

You can set up an online fundraising page so people can sponsor/donate to you electronically. It's simple, secure and saves you collecting and counting everyone's money.

You can personalise your page by adding photos and videos too! Remember to tell people why you're fundraising for the hospital and say which ward or department you'll be raising money for. Once it's set up send the page link out to all your friend and family via email, Facebook, Instagram and Twitter!

Visit **www.justgiving.com** and search for **Bedfordshire Hospitals NHS Charity** Click the button to set up your own page and follow the instructions. Easy!

Memory Giving

Memorygiving pages are becoming an increasingly popular way of people making donations in memory of a loved one. They can be shared via email, Facebook and Twitter like a Justgiving page and are a simple way to collect donations after someone has passed away.

Virgin Money Giving

Virgin Money Giving pages are similar to Justgiving pages. Feel free to use these if you would prefer. They are especially useful if you want to split your donation between us and another charity.

Visit **uk.virginmoneygiving.com** and search for Bedfordshire Hospitals NHS Charity and click the start fundraising button!

Gift Aid It!

ABOUT The Bedfordshire Hospitals NHS Charitable Fund

The Luton and Dunstable Hospital provides a wide range of general and specialist services to 350,000 people. All money raised by the charity allows the hospital to enhance it's services and provide a safe and more comfortable environment for our patients and their families.

www.ldh.nhs.uk/fundraising
fundraising@ldh.nhs.uk
The Bedfordshire Hospitals NHS Charitable Fund Registered charity number 1058704

L&D NICU APPEAL
L&D NICU APPEAL - 1 in 7 babies born at the L&D requires specialist care

£939,476.25 raised 63% £1,500,000.00 target

View Details

Jeeten Patel £5.00 + £1.25 Gift Aid
"keep up the amazing care you guys provide :)"

Anonymous £30.00 + £7.50 Gift Aid
"To support all the wonderful work you all do! Thank you"

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Save Time, Save Lives
Save time and save lives. Call 01582 718 289
Help build a lifeline at the Luton and Dunstable Hospital

Bedfordshire Hospitals NHS Charity has raised £6,286,166.60

Raising money to build a lifesaving facility for The Bedfordshire Hospitals NHS Charitable Fund because it will save lives and help more people recover

Bedfordshire Hospitals NHS Charity has raised £888,692.78

Bedfordshire Hospitals' (L&D)- Neonatal Intensive Care Unit NICU

826 Supporters

Brooke Simons has raised £36,277.60

Jack Simons is raising money for Luton & Dunstable Hospital

Gift Aid is a great way to raise an extra 25% towards your total, without costing you or your supporters a penny!

Last year we received thousands of pounds extra from Gift Aid!

Every £1 is worth £1.25 when the donor is a UK taxpayer, (has paid more tax than the amount of tax reclaimed), provides their name, address, postcode and ticks the gift aid box!



Bedfordshire Hospitals NHS Charity

Sponsorship Form

Supporting Fund:

My Details

Title _____ First name or initial(s) _____

Surname _____

Full Home Address _____

Postcode _____ Date _____

Event _____ Date of Event _____

In order to Gift Aid donations each person sponsoring an amount must fill in all boxes on their sponsorship line and agree with the following terms:

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference.

Gift Aid is reclaimed by the charity from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

Please notify the charity if you:

- want to cancel this declaration
- change your name or home address
- no longer pay sufficient tax on your income and/or capital gains

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

Paid √	Full Name	Home Address	Postcode	Amount	Gift Aid √	Date of donation

Tips for organising a fantastic fundraising event!



Plan In Advance



Think about **what** kind of event you want to organise. Be creative but keep it simple!

Think about **how** you're going to do it. Create a list of everything that needs doing and by when. Make sure it's not too big a job, often the simplest ideas are the best!

Who will be involved? Can you ask family and friends to help you organise it? Can you invite any local community groups to take part?

Think about **why** you are doing it; do you have a story to tell about the unit that you are fundraising for? What fundraising target do you want to reach?

Decide **when** is best to hold the event. Check your calendar for any clashes with other important dates and consider the great British weather!

Finally decide **where** you want to hold the event. Consider cost, availability, capacity and logistics such as catering, music and car parking when choosing a venue .



Spread the word

Get it in people's diaries early, tell your friends, family and neighbours, what you are doing and why! But don't stop there, use all routes to reach people ~ leaflets, posters, Facebook, Twitter, Instagram, Snapchat, emails and anything else you can think of!

Set up your own personalised fundraising page using Justgiving ~ It's easy and quick to do and makes collecting donations or sponsorship much easier.

Tell the local paper what you're doing and try and get it on the radio too!

The fundraising team can also support with you with posts on our website and social media pages!



Create and keep a budget

Remember to keep thinking about costs, you don't want all your hard work to pay for an expensive venue or too much food and not leave any money afterwards for the donation.

Create a budget that you can easily manage and keep on top of it. Costs soon add up if you don't control your budget carefully. Make sure you keep a record of all income and expenditure as you go along.

Try asking for sponsorship and support from local businesses. They may not be able to give you money but they may be able to do something for free such as print posters or give a raffle prize.

Take advantage of every fundraising opportunity... raffles, auctions and selling refreshments are excellent ways of making additional income especially if everything has been donated!



Making your donation!

So what do you do now you've completed your fundraising activities Don't worry, it's easy!

Cheque

You can send us a cheque by post. Please make it payable to 'Luton and Dunstable Hospital Charitable Fund' and include a note with your name, address, phone number and if you want it to benefit a specific ward or department.

Send to:

**Fundraising Team
Luton and Dunstable Hospital
Lewsey Road
Luton
LU4 0DZ**

Don't forget to fill in the donation form on the next page and send it in with your cheque!

Please never send cash in the post.

Credit or Debit Card

You can make a BACS payment directly to our account or pay by credit or debit card. Call the Fundraising Team on **01582 718 289** for more details or to make a donation.

Online Sponsorship pages

If you have set up an online sponsorship page then it's already sorted! When someone makes a donation to your page it comes straight to our charity account. You don't need to worry about collecting money afterwards or sending in any forms and the gift aid is automatically worked out and paid too!

Cash

Please be careful when you collect cash. We recommend **NOT** carrying too much cash with you. It is safer to make your donation by cheque, credit/debit card or online, but should you want to make your donation in cash please call the Fundraising Team to arrange a suitable time to bring it in.



Sainsbury's, Bramingham Park, donated £4,000 to the NICU Appeal after they chose it as their charity of the year!

Company Match Giving

Remember to ask your employer if your donation is eligible for company match giving. Some companies will donate £ for £ for any money you raise ~ this means you can double your donation at no extra cost to you (you might have to fill out a few company forms!). Some companies prefer to make a one off donation. Speak to your HR team for details.



Dunstable Town Football Club raised £2500 from a sponsored walk to support our COVID19 Fund! After this, they decided to continue their support and have now made us their Charity of the year, in aid of our Cancer Unit.



Bedfordshire Hospitals NHS Charity

Donation Form

Please fill in your details in BLOCK CAPITALS and complete the relevant section below, including the Gift Aid Declaration if applicable.

Please return to Fundraising Team, Luton & Dunstable Hospital, Lewsey Road, Luton LU4 0DZ

Title _____ Full name _____

Address _____

_____ Postcode _____

Telephone _____

Email _____

Please note, to claim back Gift Aid we need your full name, address and postcode

Gift Aid Declaration

I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for the current tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities and Community Amateur Sports Clubs (CASCs) that I donate to will reclaim on my gifts for the current tax year.

I understand that other taxes such as VAT and Council Tax do not qualify.

I understand the charity will reclaim 25p of tax on every £1 that I have given.

One-Off Gift

I would like to make a donation of £ _____

I enclose a Cheque or CAF voucher made payable to **Luton & Dunstable Hospital Charitable Fund**.

I would like my donation to benefit the

L&D's General Charitable Fund

Other _____

Please note that if you do not indicate a specific fund, your donation will be placed into the L&D's General Charitable Fund for the Hospital to determine how best it can be used to support it's work.

Signature: _____

Date: _____

Regular Gift

I would like to make a regular donation, by standing order, of £ _____ each month/ quarter/ year (please delete as appropriate).

Please pay to:

Luton & Dunstable Hospital Charitable Fund

Acc no: 78434580

Sort code: 60-13-28

To (Name of bank): _____

At (Address of bank): _____

_____ Postcode: _____

Amount (in words): _____

Sort Code: ___ - ___ - ___ Acc no: _____

To start on (insert date): _____

Signature: _____

Date: _____

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<https://www.bedfordshirehospitals.nhs.uk/charity/>

01582 718289

Fundraising@ldh.nhs.uk

Stay safe and stay legal

We are extremely grateful for your support and for fundraising for the Luton and Dunstable Hospital. Your safety and well being is a top priority so please read the following information carefully to make sure you are keeping everything safe and legal...

Collections

To collect money in the street or in a public place (e.g. a supermarket) you need a licence from your local authority, which can be difficult to obtain. It would be great if you could help at one of our organised collections. If you are interested then get in touch!

We do not allow anyone to collect door to door ~ this is illegal without a special licence. If you hear of anyone doing a door to door collection please report it to the Fundraising Team on **01582 718 289**

License

You may need a special licence to run an event e.g. public entertainment licence or a licence to sell alcohol. Please check with the Fundraising Team or your local authority for more information.

Raffles and lotteries

There are many different types of raffle, all of which have to be run in line with gaming law. Visit **www.gamblingcommission.gov.uk** for more information.

If you are organising a raffle to raise money for the Bedfordshire Hospitals NHS Charity and want to ask a local businesses for prizes, you should have registered your fundraising event with The Fundraising Team and we will send you a letter of authenticity.

Please Contact The Fundraising Team on **01582 718 289** before you ask businesses for prizes.

You are responsible for your fundraising activity. The Bedfordshire Hospitals NHS Charitable Fund cannot accept any responsibility for your fundraising event or its participants.

We're here to help.

Whatever it is you decide to do, the Fundraising Team is here to help!
Once you've decided what you're doing and when, please let us know.

We have lots of fundraising materials that may be useful to you such as...
Collections tins, balloons, leaflets, pull up banners and stickers.

We can also help promote your event or sponsorship page, send you our logo or assist with contacting the local press. Sometimes it's good to run an idea past someone else, so please feel free to get in touch.

Any questions? Just get in touch...

Email: fundraising@ldh.nhs.uk **Phone:** 01582 718 289

Write to us: Fundraising Team, Luton and Dunstable Hospital, Lewsey Road, Luton, LU4 0DZ

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Bedfordshire Hospitals NHS Charity

We are extremely grateful for your support and for fundraising for the Bedfordshire Hospitals NHS Trust



We are here to help!

Any questions? Please get in touch...

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www.bedfordshirehospitals.nhs.uk/charity



Facebook: [@BedfordshireHospitalsNHSCharity](https://www.facebook.com/BedfordshireHospitalsNHSCharity)



Twitter: [@BHN_Charity](https://twitter.com/BHN_Charity)



Instagram: [@bhn_charity](https://www.instagram.com/bhn_charity)

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