

**A**  
Abseiling  
Arm Wrestling  
Afternoon Tea  
Aerobics

**B**  
Baked bean bath  
Bring & Buy Sale  
Bowling  
Bingo

**C**  
Cake Sale  
Craft Fair  
Car wash  
Concert  
Coffee Morning

**D**  
Dress down day  
Disco  
Dance  
Competition

**E**  
Egg & Spoon Race  
Easter Egg Hunt  
Eighties Night  
Ebay Sale

**F**  
Fancy Dress  
Family Fun Day  
Face Painting  
Football Match  
Fruit Day

**G**  
Go Green Day  
Golf Day  
Garden Party  
Good deed day

**H**  
Hockey Match  
Hoola Hoop  
Hiking Challenge  
Hop Scotch

**I**  
International Food Day  
It's a knock-out  
Ice Skating  
Irish Dancing

**J**  
Jumble Sale  
Juggling  
Jazz Night

**K**  
Karaoke  
Kite Flying  
Karate  
Keep Fit

**L**  
Line Dancing  
Limbo Competition  
Lemonade Stand  
Live Music

**M**  
Match Giving  
Magic Ball  
Mountain Bike Ride  
Memory Walk  
Masked Ball

**N**  
Nature Trail  
Name the bear  
Netball Match

**O**  
Odd sock day  
Obstacle Course  
Odd job day

**P**  
Pink Day  
Picnic  
Pool Competition  
Pyjama Day

**Q**  
Quiz Night  
Quiet Day

**R**  
Readathon  
Running  
Raffles  
Rugby Match  
Roller skating  
Recycling Inks

**S**  
Spelling Bee  
Salsa Night  
Skipping  
Swimathon  
Summer Party

**T**  
Talent Show  
Treasure Hunt  
Theme event  
Tin Collection  
Tombola

**U**  
Uniform sale  
Unique Day  
Unwanted gift sale

**V**  
Variety Show  
Valentines Event  
Vegetable Day

**W**  
Wheelbarrow race  
Walking  
Window Cleaning  
Wow factor day

**X**  
X factor show  
Xmas Fair  
X Marks the spot

**Y**  
YoYo Competition  
Yodelling  
Yoga

**Z**  
Zumbathon  
Zoo Day  
Zip Wire Challenge



Fundraising

IDEAS



Bedfordshire Hospitals NHS Charity

Registered Charity in England and Wales, no: 1058704

Contact us on 01582 718 289 if you have any queries!